

# SPEEDHIMAN ATHLETE APPLICATION

Feel free to copy and paste application to an email  
Send to: [bdhiman244@gmail.com](mailto:bdhiman244@gmail.com)

Name:

Residence:

Age:

Job:

Family situation:

Phone:

Current Training Volume (Time/Distance/Vert):

Years running:

Athletic background:

Races Completed:

Goals (Short-term):

Goals (Long-term):

Your Strengths:

Your Weaknesses:

Your relationship with running:

Why are you seeking a coach?